

SEPTEMBER 2022



MONDAY 9/12, 9/19, 9/26

Breakfast: Cereal (WG), Bananas & Milk

Lunch: Chicken Nuggets, Cucumbers, Watermelon & Milk

P.M. Snack: Graham Crackers (WG), Chocolate Chickpea Spread, and Water

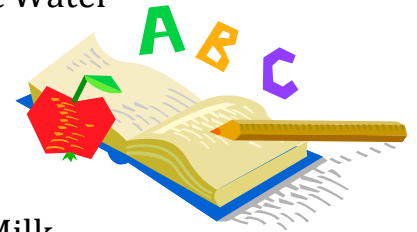


TUESDAY 9/6, 9/13, 9/20, 9/27

Breakfast: Waffle (WG), Applesauce & Milk

Lunch: Turkey & Cheese Sandwich (WG), Carrots, Apple & Milk

P.M. Snack: Diced Ham, Crunch and Crave (WG) & Water



WEDNESDAY 9/7, 9/14, 9/21, 9/28

Breakfast: Toast (WG), Mandarin Oranges & Milk

Lunch: Turkey Sausage Pizza (WG), Salad, ½ Banana & Milk

P.M. Snack: Pretzel Goldfish (WG), Sunbutter Spread & Water

THURSDAY 9/8, 9/15, 9/22, 9/29

Breakfast: Cereal (WG), Banana & Milk

Lunch: Chicken Meatball, Marinara, Buttered Bread (WG), Pears, and Milk

P.M. Snack: Cheese Stick, Crackers (WG), & Water

FRIDAY 9/9, 9/16, 9/23, 9/30

Breakfast: Roll (WG), Sausage & Milk

Lunch: Pack-A-Lunch, \$5.00 Charge for Forgotten Lunch

P.M. Snack: Animal Crackers (WG) & 100% Juice

Children under 2 served whole milk. Above 2 are served skim or 1% milk. This center is an equal opportunity employer and provider. WG: Whole Grain