

October 2021 Menu



Monday: 10/4, 10/11, 10/18, 10/25

Breakfast: Cereal (WG), Bananas, and Milk

Lunch: Hot Dogs on bun, Green Beans, Pears, and Milk

P.M. Snack: Pretzels and 100 % Juice

Tuesday: 10/5, 10/12, 10/19, 10/26

Breakfast: Cinnamon Toast (WG), Applesauce, and Milk

Lunch: Chicken Sandwich, Corn, Peaches, and Milk

P.M. Snack: Gogurt, Animal Crackers, and Water



Wednesday: 10/6, 10/13, 10/20, 10/27

Breakfast: Jelly Biscuit, Applesauce, and Milk

Lunch: Pepperoni & Cheese Quesadillas (WG), Cucumber, Bananas & Milk

P.M. Snack: Graham Crackers and Milk

Thursday: 10/7, 10/14, 10/21, 10/28

Breakfast: Waffles (WG), Mandarin Oranges, and Milk

Lunch: Spaghetti w/meat sauce, Breadsticks, Salad, & Milk

P.M. Snack: Rice Cake, and 100% Juice

Friday: 10/8, 10/15, 10/22, 10/29

Breakfast: Cereal (WG), Oranges, and Milk

Lunch: Pack a lunch (forgotten lunch \$5)

P.M. Snack: Crackers, Cheese Stick and Water

*WG- Whole Grain

Children under 2 served whole milk. Above 2 are served skim or 1% milk.

This center is an equal opportunity employer and provider.