

October 2017 Menu



Monday: 10/2, 10/9, 10/16, 10/23, 10/30

Breakfast: Cereal (WG), Bananas, and Milk

Lunch: Hot Dogs on bun, Baked Beans, bananas, and Milk

P.M. Snack: Cheese crackers and 100 % Juice

Tuesday: 10/3, 10/10, 10/17, 10/24, 10/31

Breakfast: Butter Toast (WG) mandarin oranges, and Milk

Lunch: Mac & Cheese, winter blend vegetables, Pineapple, and Milk

P.M. Snack: Gogurts, Pretzels, and Water



Wednesday: 10/4, 10/11, 10/18, 10/25

Breakfast: Cheese Biscuit, Diced Peaches, and Milk

Lunch: Peanut Butter and Jelly Sandwiches (WG), Baked Hash Browns, Cantaloupe, and Milk

P.M. Snack: Graham Crackers and 100% Juice

Thursday: 10/5, 10/12, 10/19, 10/26

Breakfast: Muffins, Diced Pears, and Milk

Lunch: Sausage Patty, Roll (WG), Carrot Sticks, Oranges and Milk

P.M. Snack: Cheese Tortilla and Water

Friday: 10/6, 10/13, 10/20, 10/27

Breakfast: Cereal (WG), Applesauce, and Milk

Lunch: Pack a lunch (forgotten lunch \$5)

P.M. Snack: Crackers, Pepperoni and Water

*WG- Whole Grain

*Children under the age of 2 will receive Whole Milk

**Children ages 2 and above will receive 1% or Skim Milk per USDA