

Infant Menu

June 2020



	0-5 Months	6-11 Months		Monday 6/1, 6/8, 6/15, 6/22, 6/29	Tuesday 6/2, 6/9, 6/16, 6/23, 6/30	Wednesday 6/3, 6/10, 6/17, 6/24	Thursday 6/4, 6/11, 6/18, 6/25	Friday 6/5, 6/12, 6/19, 6/26
Breakfast	4-6 oz	6-8 oz	Milk	Breastmilk/IFIF	Breastmilk/IFIF	Breastmilk/IFIF	Breastmilk/IFIF	Breastmilk/IFIF
	-	0-2 T	Fruit/Vegetable	Applesauce	Peaches	Pears	Applesauce	Peaches
	-	0-4 T/oz	Grain/Meat	Gogurt	Cottage Cheese	Ham	Egg	Sausage
Lunch	4-6 oz	6-8 oz	Milk	Breastmilk/IFIF	Breastmilk/IFIF	Breastmilk/IFIF	Breastmilk/IFIF	Breastmilk/IFIF
	-	0-2 T	Fruit/Vegetable	Bananas	Green beans	Watermelon	Canned Carrots	Green Beans
	-	0-4T/oz	Grain/Meat	Cheese and Round Crackers	Ham and Noodles	Sausage, Egg and Roll	Cottage Cheese	Ham and Noodles
Snack	4-6 oz	6-8 oz	Milk	Breastmilk/IFIF	Breastmilk/IFIF	Breastmilk/IFIF	Breastmilk/IFIF	Breastmilk/IFIF
	-	2 T	Fruit/Vegetable	Peaches	Bananas	Applesauce	Peaches	Canned Carrots
	-	0-4 T/oz	Grain/Meat	Cheerios	Crackers	Chocolate Chip Mini Loaf	Slice Bread	Graham Cracker



All Foods are subject to the individual and their own developmental readiness to each food item.

*IFIF-Iron Fortified Infant Formula

*IFIC- Iron Fortified Infant Cereal

*T- Tablespoon

Building Blocks Preschool is an equal opportunity employer and provider

I approve Building Blocks Preschool to serve my child _____ small cut up pieces of food according to the above menu.

Signature of Parent/Guardian

Date