

# JANUARY 2019 MENU



Monday: 1/8, 1/15, 1/22, 1/29

Breakfast: Cereal (wg), Bananas, & Milk

1Lunch: Chicken Nuggets, Mashed Potatoes, Diced Peaches & Milk

P.M. Snack: Cheese Crackers & 100% Juice

Tuesday: 1/9, 1/16, 1/23, 1/30

Breakfast: Toast (wg), Applesauce, & Milk

Lunch: Chicken Alfredo, Peas & Carrots , Mandarin Oranges & Milk

P.M. Snack: Pepperoni & Crackers & Water

Wednesday: 1/2, 1/9, 1/16, 1/23, 1/30

Breakfast: Oatmeal (wg), Mandarin Oranges, & Milk

Lunch: Pepperoni Pizza, Salad, Pears, & Milk

P.M. Snack: Pretzels, Peanut Butter & Water

Thursday: 1/3, 1/10, 1/17 1/25

Breakfast: Jelly Biscuits, Applesauce & Milk

Lunch: Sloppy Joes, Corn, Pineapple, & Milk

P.M. Snack: Fruit Cup, Graham Crackers (wg), & Water

\*Wg- Whole Grain

Friday: 1/5, 1/12, 1/19, 1/26

Breakfast: Pancakes , Mixed Fruit, & Milk

Lunch: Pack a lunch day (forgotten lunch \$5)

P.M. Snack: Goldfish (wg) and 100 % Juice

Children under the age of 2 will be served Whole Milk

All others will be served 1% or skim per USDA

Building Blocks Preschool is an equal opportunity provider and employer

