

AUGUST



2022

Monday: 8/1, 8/8, 8/15, 8/22, 8/29

Breakfast: French Toast, Applesauce, & Milk

Lunch: Hard Boiled Eggs, Bread & Butter (wg), Carrots, Watermelon & Milk

P.M. Snack: Corn Muffin & Milk

Tuesday: 8/2, 8/9, 8/16, 8/23, 8/30

Breakfast: Waffles, Peaches & Milk

Lunch: Tortilla Chips (wg), Cheese, Cucumber, Orange Slices & Milk

P.M. Snack: Graham Cracker, Banana & Water

Wednesday: 8/3, 8/10, 8/17, 8/24, 8/31

Breakfast: Cereal, Mixed Fruit & Milk

Lunch: Turkey Hot Dogs on Bun, Zucchini, Cantaloupe & Milk

P.M. Snack: Sun Chips (wg) & 100% Juice

Thursday: 8/4, 8/11, 8/18, 8/25

Breakfast: English Muffins (wg), Mandarin Oranges & Milk

Lunch: Ham & Cheese Sandwiches, Watermelon, Fresh Broccoli & Milk

P.M. Snack: Sidekick Frozen Juice, Oyster Crackers

Friday: 8/5, 8/12, 8/19, 8/26

Breakfast: Sausage Link, Toast (wg) & Milk

Lunch: Pack a lunch (forgotten lunch fee \$5)

P.M. Snack: Yogurt, Animals Crackers and Water

Children under 2 served whole milk. Above 2 are served skim or 1% milk.

*WG: Whole Grain

Building Blocks Preschool is an equal opportunity employer and provider.

